



LOOKING FOR A JOB: STEP BY STEP

CHECK OUT CHILD CARE

STEP 5

If you have children, you need to plan for their care while you are working. At work you must have your mind on your job. You cannot worry about your children.

Plan for child care now. Then you will be ready when you find a job. Your child care should be at a place that makes you and your child happy.

Here is a checklist that will help you choose child care. Read these questions. Think about your plan. Check **YES** or **NO** for an answer.

	YES	NO
1. Is it easy for me and my child to get there?	<input type="checkbox"/>	<input type="checkbox"/>
2. Do the hours of care fit my working hours?	<input type="checkbox"/>	<input type="checkbox"/>
3. Can I pay the price charged?	<input type="checkbox"/>	<input type="checkbox"/>
4. Are the children happy and playing with each other?	<input type="checkbox"/>	<input type="checkbox"/>
5. Are good, healthy meals given?	<input type="checkbox"/>	<input type="checkbox"/>
6. Are the children carefully watched?	<input type="checkbox"/>	<input type="checkbox"/>
7. Is it clean and safe?	<input type="checkbox"/>	<input type="checkbox"/>
8. Can I visit to look it over?	<input type="checkbox"/>	<input type="checkbox"/>
9. Can my child play and rest?	<input type="checkbox"/>	<input type="checkbox"/>
10. Does it have toys, books and art materials?	<input type="checkbox"/>	<input type="checkbox"/>

If the plan is a good one, you will have checked **YES** to all of the questions. If you checked **NO**, or if you are uneasy about the child care...**STOP!** Look somewhere else!

You will also need to have an emergency child care plan. You will need it for times when you cannot use the usual plan, but still need to be at work.

Remember, when your child is safe and happy, it is easier to be a good worker. Decide on a plan that will work for you.